Intercollege Graduate Degree Program in Physiology

2014-2015 Student and Faculty Handbook
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Introduction
Physiology is an intercollege graduate degree program designed to provide students with an integrated series of courses encompassing both the fundamentals of physiology and advanced concepts in a specialized area. The formal curriculum is complemented by research training that emphasizes a comprehensive perspective and understanding, from molecular mechanisms of control to integration at the cellular, tissue and whole organism level.

Prerequisite Courses
A mammalian physiology course at the undergraduate level associated with a laboratory experience is desired. In addition, biochemistry and a basic cell and molecular biology course at the undergraduate level are preferred. Deficiencies in chemistry, biological science, mathematics (through a second course in calculus), and physics must be made up early in the student's graduate program.

Seminars
All students, except those enrolled in PHSIO 590, are required to attend at least 8 one-hour technical seminars each Fall and Spring semester until graduation (4 semesters of which must be assigned credit hours). It is up to each student to determine which seminars are of the most interest and value to his or her professional goals. Students should pay special attention to the Biomedical Seminar Series at the College of Medicine, Hershey and Noll Seminar Series at the University Park campus. There are also various seminar series in Animal Science, Biochemistry, Cell and Molecular Biology, Integrative Biosciences, Neuroscience, and Nutritional Sciences, which are of particular relevance to the Program. By the last week of the semester, students are required to submit to the Graduate Program Chair via the Staff Assistants, a list of the eight seminars attended. For each seminar, the date, title, speaker, and a two to three sentence description of the presentation are to be included.

English Speaking Requirement for International Students
The English Requirement for International students is that prescribed by the Graduate School. Depending on the graduate program, all entering international students, whether or not they hold a Teaching Assistantship, will be required to take the American English Oral Communicative Proficiency Test (AEOCPT) which is administered by the University's Department of Applied Linguistics.

Given at the beginning of fall and spring semesters, international students are required to pre-register for the AEOCPT. The test scores from the AEOCPT are posted on the University's Administrative Information System (AIS) computer. Below is the course of action for the various AEOCPT score ranges.

NR = No Restrictions. This person should be allowed to teach with no restrictions based on ability to communicate in English.
(Penn State AEOCPT Score of 250-300)

WR = Take ESL 118G. This person should not be allowed to teach before completing and receiving a grade of "A" in ESL 118G - "American Oral English for ITA’s III."
(Penn State AEOCPT Score of 230-249)

TC = Take ESL 117G. This person should not be allowed to teach before completing and receiving a grade of "A" in both ESL 117G -"American Oral English for ITA’s II" and ESL 118G - "American Oral English for ITA’s III."
(Penn State AEOCPT Score of 200-229)
SL = Speaking/Listening. This person should enroll in ESL 115G - "American Oral English for ITA’s I" and receive a grade of "A" before taking ESL 117G and ESL 118G.
(Penn State AEOCPT Score below 200)

Students, who are required to enroll in ESL courses, must complete the ESL requirement by the end of the second semester of residency. Students who fail to satisfy this requirement may be terminated from the Physiology program, at the discretion of the Chair.

Safety Training Sessions/Examinations
Within the first semester of residence, all students are required to take/pass radioisotope safety and chemical waste disposal training sessions offered at the respective campuses, as well as complete SARI training (see below). With the exception of SARI and as noted below, these sessions occur during Fall Orientation. Students must present documentation of successful completion to the Staff Assistant at their campus. Animal or human subjects training will occur during selected rotations and is under the direction of individual supervisors.

College of Medicine, Hershey Campus session details:
Animal Techniques (3 Lectures, 1hr each) – Students must attend the rabbit, mouse, and rat courses plus session of any other species you will be handling. Comparative Medicine – Contact Nan Kirst at extension – 8460.
Radiation Safety – Contact Mike Erdman at extension – 8574.

University Park session details:
Radioisotope and chemical safety trainings will be completed during the Fall Huck Orientation session(s).

Animal or human training modules can be found at www.research.psu.edu/orp.

Medline
All students should be proficient in this research resource database. Through the extensive Penn State Library system http://www.libraries.psu.edu/, students can learn how to use this free on-line reference retrieval system. Contact the reference desk librarians at http://ask.libraries.psu.edu/?stream=8.

Performance Evaluation
All students will be continually evaluated for both academic performance and compliance with additional program requirements. These evaluations will be performed by the Physiology Program Chair until completion of the Candidacy Exam, and then afterwards by the Chair of the Thesis Committee, but reviewed by the Program Chair. Regular thesis committee meetings are also required after the first year (minimum 2 per year). Continued financial support of each student will be dependent on satisfactory progress as stated in admission offer letters. All problems should be resolved immediately by talking with the Program Chair. Alternatively, Paula Brown in the Huck Institutes (867-1383) is next in the chain of command for conflict resolution. Because of the fast pace of the curriculum, early resolution of problems is essential.

Grade Point Average
Credit hours are earned only for the grades A, B, and C. However, all A and F grades are included in the computation of the grade point average. Grade points are assigned as follows:

A = 4 (above average graduate work)
B = 3 (average graduate work)
C = 2 (below average graduate work)
D = 1 (failing graduate work)
F = 0 (failing graduate work)
Grades D and F are not acceptable for graduate credit. Only one grade of C is allowable. If a course is repeated, then both grades are used in computing the cumulative grade point average.

**Unsatisfactory Scholarship**
Students are required to have a minimum grade-point average of 3.0 for the doctoral candidacy examination, admission to the comprehensive examination, thesis defense, and graduation. One or more failing grades, a cumulative grade-point average below 3.0, or failing any of the examinations may be considered evidence of unsatisfactory scholarship and be grounds for dismissal from the University (see the Appendix III of the Graduate Programs Bulletin [http://bulletins.psu.edu/graduate/generalinformation/appendix3](http://bulletins.psu.edu/graduate/generalinformation/appendix3)).

**Problem Resolution**
If and when problems arise that a student feels are not handled adequately by initial, direct discussion with the advisor or party involved, then the student may meet with the Physiology Program Chair, who will act to arbitrate further discussions between faculty and students. If the student disagrees with the Committee's advice or decision, or that of the Program Chair, the student should discuss the situation with Paula Brown in the Huck Institutes (pre-candidacy) or with the Doctoral Thesis Committee (post-candidacy). Paula can assist with arbitration through the leadership of the Huck Institutes of the Life Sciences. Resources are also available through the Graduate School [http://bulletins.psu.edu/graduate/appendices/appendix2](http://bulletins.psu.edu/graduate/appendices/appendix2).

**Assistantships and Student Status**
Students with teaching or research graduate assistantships must be registered as full time students to maintain stipend eligibility. Full time status is considered either a minimum of nine credits each fall and spring semester (pre-comprehensive exam) or PHSIO 601 (post-comprehensive exam). The assistantship appointments typically originate with the department of the faculty advisor. If no faculty advisor has been identified, as likely the situation with first year doctoral students, please consult with the Physiology Program Chair. Questions regarding student registration status can be directed to Deborah Murray in the Huck Institutes.

**Vacation and Leave Policy**
The normal appointment to a position in the Physiology Graduate Program is full-time with three weeks of annual vacation plus the holidays granted to university employees. **Arrangements for leave must be done in consultation with the student's faculty advisor or the Program Chair and should not compromise fulfillment of any obligations regarding coursework or research activities required of the student.** Any period of vacation without prior approval of the Program Chair or advisor is considered a violation of policy and nullifies all previous funding arrangements. In some instances it will be appropriate for a student to spend time away from the PSU campus in other laboratories or in acquiring advanced training. Such experiences should be planned in consultation with the student's advisor. Time spent in such activities does not count as vacation.

**Thesis Submission and Exit Interview**
Upon completion of the degree, students are to provide the Physiology Program Chair with a paper copy of their thesis (unbound is acceptable). Students also participate in both the University and Physiology Program Exit Interview Process. For the latter, students will meet with Paula Brown in the Huck Institutes.

**Activate Intent to Graduate**
At the beginning of the semester that you intend to graduate, visit eLion ([www.elion.psu.edu](http://www.elion.psu.edu)) and follow the link for Graduating This Semester.
Teaching (optional)
For a teaching experience beyond departmental funding, the Huck Institutes of the Life Sciences Supervised Experience in College Teaching Booklet lists teaching responsibilities at the University Park Campus. There are teaching opportunities within the Physiology program. Besides an opportunity to develop teaching skills in a classroom setting, students also participate in the Huck Institutes teaching assistant training sessions and receive credit on their transcript by signing up for BIOL 593 (2) Experiential Teaching in Biology. Students interested in this opportunity should initiate discussion early on with their advisor and Program Chair to help determine the best timing for this experience. At this time, teaching opportunities on the Hershey Medical School campus are not available. However, please contact Huck staff regarding the possibility of teaching opportunities at neighboring colleges in the Hershey/Harrisburg area.

Physiology Graduate Program
Ph.D Requirements

General Information
General requirements for completion of the doctorate degree are based upon a period of semesters of full-time on-campus residence, passing the Physiology candidacy exam, satisfactory completion of physiology course requirements and university credit requirements, fulfillment of a communications requirement, passing of a comprehensive examination, and the writing and satisfactory defense of a research thesis. No specified number of courses completed or credits earned will assure attainment of the doctorate. A doctoral program consists of such a combination of courses, seminars, individual study and research as meets the minimum requirements of the Physiology Graduate Program and as approved by the Doctoral Thesis Committee for each individual student. Official entry into the doctorate does not occur until a student passes the Physiology candidacy exam. A Master's degree is not a prerequisite for the Ph.D. degree.

New graduate and M.D./Ph.D. students should become acquainted with the Physiology Program upon entry (http://www.huck.psu.edu/education/physiology/). Efforts should be made to meet other graduate students and postdoctoral fellows. The entering student should also become familiar with members of the faculty and the general thrust of each faculty member's research. A monthly meeting for Physiology Program graduate students (time to be determined to student representatives) at the University Park and College of Medicine campuses will occur by videoconference, and will serve as an important opportunity for students to interact and share experiences.

Monthly Student Meetings: It is expected that all graduate students in the Physiology IGDP will attend monthly student meetings, arranged at a mutual time, for a period of scientific exchange and dialogue. Video conferencing will be provided so that ALL students in the program can participate. The format for each meeting will be determined by student campus representatives. The Program Chair should be notified if students are unable to attend a meeting.

Individual Development Plan (IDP): Students are required to create an individual development plan using the myIDP website (http://myidp.sciencecareers.org) in year 3 with revisions made in year 5 of their program. The plan should be submitted to the Program Chair.

Regular Thesis Committee Meetings: Starting in the second year, students are expected to meet with their thesis committees regularly, at least once per year, and preferably twice per year. Please utilize the form on page 14 to document that the meeting has occurred and satisfactory progress achieved. Failure to have regular committee members could jeopardize graduate education funding.
Course Requirements - (University Park Campus)

Year 1

Fall Semester
NUTRN 501 (4) Regulation of Nutrient Metabolism I
PHSIO 572 (3) Animal Physiology
BMB 496 (3) Molecular and Cell Biology (attends BMB 251)
PHSIO 596 (1) two, eight-week rotations
KINES 590B (Noll Seminar Series) (1)
Online SARI Training

Spring Semester (Note: Students must register during October of the previous semester)
PHSIO 571 (3) Animal Physiology
VBSC 432/BMB 432/MICRB 432 (3) Advanced Immunology
PHSIO 596 (1) two, eight-week rotations or one, sixteen-week rotation
PHSIO 508 Critical Readings in Molecular Nutrition (2)
KINES 590 B Noll Seminar Series (1)
IBIOS 591 (1) Ethics in the Life Sciences

Year 2

Fall Semester (Note: Students must register during February of the previous semester)
STAT 501(3) Regression Methods
PHSIO 600 (3-5) Thesis Research
Register for and attend a seminar series (of the students choosing) (1)
electives

Spring Semester
STAT 502 (3) Analysis of Variance and Design or equivalent
PHSIO 590 (1-3) Colloquium PHSIO 600 (6) Thesis Research
Register for and attend a seminar series (in consultation with advisor) (1)
electives

Year 3

Fall Semester
PHSIO 590 (1-3) Colloquium
PHSIO 600 (6-8) Thesis Research
Attend a seminar series (in consultation with advisor) (1)

Details of these courses are described in Appendix I and II (pgs. 23-24). Students are encouraged to take appropriate elective courses pertaining to their area of interest and to consult with their faculty advisor accordingly. Students are responsible for registering for classes in a timely fashion during October or February of the preceding semester. Some courses (particularly Statistics) fill up quickly and it is an unacceptable excuse to postpone completion of core program requirements due to failure to observe registration deadlines.
Course Requirements - (College of Medicine)

Year 1

Fall Semester
BMS 501 (3) Regulation of Cellular & Systemic Energy Metabolism
BMS 502 (3) Cell and Systems Biology –OR- BMS 503 (3) Flow of Cellular Information (not both)
PSIO 504 (3) Animal Physiology
PSIO 501 (1) Journal Club - Scientific Analysis and Presentation
PSIO 590 (1) Colloquium
IBIOS 591 (1) Ethics Life Science
PSIO 596 Independent Studies, two, eight-week Lab Rotations
SARI

Spring Semester
PSIO 505 (3) Animal Physiology
PSIO 501 (1) Journal Club - Scientific Analysis and Presentation
PSIO 584 (1) Bioinformatics A
PSIO 585 (1) Bioinformatics B
PSIO 590 (1) Colloquium
PHS 515/PHS 597B (3) Special Topics/Statistics for Laboratory Scientist
PSIO 596 Independent Studies, two, eight-week or one, 16 week Lab Rotation(s)

Year 2

Fall Semester
PSIO 501 (1) Journal Club - Scientific Analysis and Presentation
PSIO 590 (1) Colloquium
PHSIO 590 (1) Colloquium teleconference with University Park
PSIO 596 (3) Independent Studies
PSIO 600 Thesis Research

Spring Semester
PSIO 501 (1) Journal Club - Scientific Analysis and Presentation
PSIO 590 (1) Colloquium
PSIO 596 (0) Independent Studies / Laboratory Rotations
PSIO 600 Thesis Research
PHS 515 (If not taken in first year) Statistics for Laboratory Scientist

Year 3

PHSIO 590 (1) Colloquium teleconference with University Park
PSIO 596 Independent Studies
PSIO 600 Thesis Research or
PSIO 601 Thesis Research
PHS 515 (If not taken in first year) Statistics for Laboratory Scientist
PSIO 590 (1-3) Colloquium

Details of these courses are described in Appendix I and II (pgs. 23-24). Students are encouraged to take appropriate elective courses pertaining to their area of interest and to consult with their faculty advisor accordingly.
Laboratory Rotations
Doctoral students are required to rotate through at least three laboratories during their first two semesters before choosing a thesis advisor. Additional rotations in the second summer and/or fall semester are permitted only by approval of the Physiology Program Chair. Rotations (n=2) for the first semester will be for approximately eight weeks each depending upon the preference of the Principal Investigator of the laboratory. The rotation for the spring semester will be approximately 16 weeks in duration, or n=2, eight week rotations depending on student circumstances and in consultation with the Program Chair. Students will work with the Physiology Program Chair prior to matriculation (e.g. the summer before you start school) to select laboratory experiences. It is expected that the student spend up to 20 hours per week in the laboratory of the host mentor and function as a regular member of the laboratory team. Each rotation must be in a different laboratory, unless special exception is granted by the Physiology Program Chair. For the first two rotations, students may select laboratories based on research interests and the faculty member’s willingness to accept students into their laboratory. The Physiology Program Chair is available to assist students with this selection. Prior to the third rotation, students must meet with the Physiology Program Chair and discuss appropriate options. Each rotation is subject to a formal evaluation by the appropriate laboratory supervisor. Students are required to write a one-page summary of their experience during each rotation. This must be submitted to the Physiology Program Chair via the Staff Assistant at their campus within two weeks after completion of the rotation, at which time a discussion of the advisors evaluation will occur. Laboratory rotations are part of each student’s eligibility to take the candidacy examination. Rotations may or may not be indicated for M.S. students and determined in consultation with the Program Chair.

Candidacy Examination

Objectives of the candidacy exam:

- To fulfill the Graduate School’s requirements for admission into a Ph.D. program.
- To assess a student’s overall knowledge and understanding of general physiological principles and first year concepts.
- To determine the student’s ability to synthesize and integrate physiological facts and concepts and express these in writing and orally.
- To evaluate the student’s strengths and weaknesses relative to specific areas of physiology.
- To serve as the mechanism for screening and selection of students for admission into the Physiology Ph.D. program.
- To assess English Competence in writing and speaking, as required by the Graduate School.

When will the exam be given and who should take it?
- According to Graduate School requirements, the candidacy exam may be given after at least 18 credits have been earned in graduate courses beyond the baccalaureate and within 3 semesters of program entry. The examination should be taken within three semesters (summer sessions do not count) of entry into the doctoral program. Physiology IGDP students should be prepared to take the candidacy exam ~ during the 3rd and 4th weeks in May 2015.

A student transferring from another graduate school with 30 or more transfer credits must take the candidacy examination prior to earning more than 25 credits at Penn State.

- The Candidacy Examination Scheduling Form (page 10) must be completed and sent to the Physiology Program Chair and Huck staff assistant at least one week before the exam date.
Nature of the exam and who will prepare

- In accordance with Graduate School requirements, the examination will be administered by Graduate Faculty members in the Physiology Program. The Chair of the Candidacy Examining Committee, in consultation with the Physiology Program Chair, will appoint additional members of the Candidacy Exam Committee to ensure adequate breadth of coverage of physiology. The Candidacy Examining Committee will be a standing committee that consists of at least 3 but not more than 6 Physiology faculty members, with representation from both campuses. The Examining Committee will prepare the questions for the exam and grade them. Many faculty contribute questions, mostly those who taught the respective sections in the PHSIO 571/572 (UP) PSIO/504/505 (COM) courses. Some but not all “question contributors” are members of “oral examining committee”. A set of questions will be provided to UP and COM students, but each site will conduct oral examinations with faculty on site at each respective campus. Prior to the oral exam, a videoconference will be held between the two campuses so that members of each oral examining committee are aware of strengths and weaknesses identified by the “graders”. The “graders” are, in most cases, the same faculty who provided the questions. The Physiology Program Chair will attend the oral examinations on both campuses.

- The Chair of the Candidacy Examining Committee will choose two (2) questions from each of eight (8) areas of physiology from a pool of already created questions which fulfill the above-stated candidacy objectives. The physiology faculty at large will be asked to help develop, and periodically update, the pool of candidacy questions.

- Each student will be required to answer 4 to 5 questions on the first day, and 4 to 5 questions on the second day for a total of 8 to 10 questions over two (2) days.

- The four (4) questions to be answered on each day will each represent a different testing area, and will be chosen by the student from a pool of 2 to 3 questions per testing area. The total allotted time is four hours each day, and the exam will be closed book. Students may use a laptop computer that is provided to them to type their answers.

- After at least one week, but not more than two weeks (one week is recommended) a two hour oral exam will be given by members of the examining committee. This exam will function to explore areas of weakness noted on the written exam and to assess the student’s abilities in the area of oral expression. The oral exam will serve as the basis for evaluating the candidate’s proficiency in listening and speaking. Questions in the oral exam may also focus on aspects of the previously completed written answers if they require more explanation, or on other topics covered in the academic year.

- Students are required to perform satisfactorily on all portions of the exam. This format allows students to demonstrate rapid integration of acquired knowledge and also tests the ability to think about a problem over a longer interval. The final decision (Pass/Fail) on the outcome of the entire exam will be made immediately following the oral component, and communicated to the student.

- Students are encouraged to schedule a practice session with faculty members in order to develop oral organization and presentation skills. This should be arranged for the whole student group.

- English competency will be assessed by the committee based on the student’s oral and written responses to the committee’s questions.
Grading of the Exam

- Each faculty member of the Examining Committee will be assigned written questions to grade based on their area of expertise. Physiology faculty members outside the examining committee may be consulted to assist with grading of questions if necessary. The Chair of the Examining Committee, in consultation with the other committee members, will determine an overall grade of Pass or Fail for the written exam. Regardless of the grade on the written exam, students will take the oral exam. The Examining Committee will assess the student’s performance on the oral exam, and, considering the results of both exams, recommend or not recommend to the Physiology Program Chair that the student be admitted to the Ph.D. program in Physiology. Students will be afforded an opportunity to review their written answers prior to the oral examination.

- The results of the exam will be communicated by the Chair of the Examining Committee to the student and the Physiology Program Chair within one week of completing the oral exam. These results will consist of whether the student has passed or failed the exam and a general evaluation of the student’s performance (see attached form). This evaluation will indicate general strengths and weaknesses in Physiology subject matter. It will also indicate proficiency in English writing and speaking. Recommendations on how areas of weakness should be remediated will be included. NOTE: results were provided on the day of the oral exam, by the respective oral examining committee (UP or Hershey).

- The report of Pass or Fail to the Graduate School will be determined jointly by the Candidacy Examining Committee, and the Physiology Program Chair. This decision will be based on three major factors: candidacy exam performances; graduate scholarship, and laboratory rotations’ evaluations. In the event of marginal student performance, it is possible to have a Fail decision with a repeat of the examination.

- The student must complete any technical or English language remediations prescribed by the Candidacy Examining Committee within the time frame specified by the examining committee, and it is the candidate’s responsibility to initiate remediation activities as specified by the candidacy exam committee. A memo certifying that the remediations have been fulfilled must be sent from the student’s advisor to the Physiology Program Chair. Failure to remediate deficiencies within the specified time frame will result in termination from the program, in accordance with Appendix III of the Graduate School Bulletin (http://bulletins.psu.edu/graduate/appendices/appendix3).
Intercollege Graduate Degree Program in Physiology  
Doctoral Candidacy Examination Scheduling Form

Name of Candidate: __________________________

PSU Student ID #: __________________________

Proposed Date, Time and Location: ________________________________________________

Examsing Committee: (Type names)

Members:  

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

Has the student fulfilled the graduate school’s communications requirement?

Has the student provided official confirmation of baccalaureate degree?

Is the student registered as a full-time or part-time student for the semester in which the candidacy examination is taken (excluding summer)?

The objective of this exam is to assess a student’s overall knowledge and understanding of general physiological principles. The student should be tested in at least eight areas, such as those suggested below. Please indicate which committee member is responsible for each area to be tested.

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<thead>
<tr>
<th>Related Areas</th>
<th>Committee Member</th>
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<tbody>
<tr>
<td>Cardiorespiratory and vascular physiology</td>
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<tr>
<td>Cellular and Molecular Biology</td>
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<tr>
<td>Endocrine System</td>
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<tr>
<td>Gastrointestinal System</td>
<td></td>
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<tr>
<td>Neurophysiology and membrane biophysics</td>
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<tr>
<td>Renal System</td>
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<tr>
<td>Reproductive Biology</td>
<td></td>
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<tr>
<td>Musculoskeletal System</td>
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<tr>
<td>ALL STUDENTS:</td>
<td></td>
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<tr>
<td>English Competence – speaking</td>
<td>ALL</td>
</tr>
<tr>
<td>English Competence – writing</td>
<td>ALL</td>
</tr>
</tbody>
</table>

RETURN COMPLETED FORM TO 101 LIFE SCIENCES FOR APPROVAL AT LEAST 1 WEEK PRIOR TO EXAM.

Approved by: Candidacy Exam Committee Chair __________________________

(signature)
Intercollege Graduate Degree Program in Physiology
Doctoral Candidacy Examination Results

Name of Candidate: __________________________  PSU Student ID #: __________________

Date, Time and Location: _____________________________

Examining Committee: (Names) (Signatures)

Members:
___________________________________________   _____________________________
___________________________________________   _____________________________
___________________________________________   _____________________________
___________________________________________   _____________________________

Related Areas

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<td>Endocrine/ Metabolism</td>
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<td>English Competence – writing</td>
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</tbody>
</table>

Candidate Passes: ______ Accept as a Candidate

Candidate Passes: ______ Accept with Deficiencies

Candidate Fails: ______ Withdraw from the program

Candidate Fails: ______ Right to Reapply

Plan to remediate technical deficiencies or deficiencies in English Competence if necessary (use back if necessary; must include time frame for remediation and consequences for remediation failure):

Candidacy Exam Committee Chair

___________________________
(signature)

Physiology Program Chair

___________________________
(signature)
Advisors and Doctoral Committees

After the student has been admitted to the doctoral program, a conference should be held with the Physiology Program Chair concerning the appointment of an advisor. This decision will be influenced by the outcome of the laboratory rotations, as outlined above. **Arrangements for and approval of the details of the term-by-term student schedule through the remainder of the graduate program is the function of the advisor.**

After admission to candidacy, the general guidance of a doctoral candidate is the responsibility of the Doctoral Committee, which consists of four or more members of the Graduate Faculty. The committee must include at least two senior members of the Graduate Faculty and at least one member from outside the Physiology Program. The Dean of the Graduate School, upon the recommendation of the advisor and the Chair of the Physiology Program, will appoint the Doctoral Committee. The Physiology staff assistant at your campus should be informed of the student’s faculty committee composition.

The Doctoral Committee is responsible for establishing the broad outline of the student's program and should review the program as soon as possible after admission to candidacy. The student and his/her advisor should schedule this review. The Committee will prepare, administer, and evaluate the examinations of the candidate and supervise and approve the thesis. The Graduate School requires that all committee members be present at each examination, except in the case of a last minute emergency. In the latter case, the absent committee member should individually examine the candidate as soon as possible afterwards. Alternatively, a temporary substitute may be appointed, except in the case of the final defense.

According to the Graduate Degree programs Bulletin published by the Graduate School regarding Doctoral Committees: (http://bulletins.psu.edu/graduate/degereerequirements/):

- 4 person minimum of approved PSU Graduate Faculty.
- 2 members must be inside the major and at least 1 member must be outside the major and serve as the “Outside Field Member.” Note - the outside member must be member of the approved PSU Graduate Faculty. The outside member for intercollege graduate programs may be inside the major but committee membership must have representation from more than one department. The primary appointment of at least one regular member of the doctoral committee must be in an administrative unit that is outside the unit in which the dissertation/performance adviser's primary appointment is held (i.e., the individual's tenure home). This committee member is referred to as the “Outside Unit Member.” In some cases, an individual may have a primary appointment outside the administrative home of the student’s dissertation adviser and also represent a field outside the student’s major field of study; in such cases, the same individual may serve as both the Outside Field Member and the Outside Unit Member.
- A person not affiliated with PSU may be added as a “Special Member” (beyond the 4 members of the approved PSU Graduate Faculty) upon recommendation of the Chair of the Program and approval of the Graduate Dean. A memo plus the individual's C.V. must be drafted with approval signature spaces for the Physiology Program Chair plus Ms. Cynthia Nicosia (Director, Graduate Enrollment). Please contact the Staff Assistant at your campus. A Special Member is expected to participate fully in the functions of the doctoral committee. If the Special Member is asked only to read and approve the doctoral dissertation or to evaluate the final performance, that person is designated a Special Signatory.
- Have a committee chair or one of the co-chairs be a member of the approved PSU Graduate Faculty. Typically it’s your faculty advisor.
- The doctoral candidate and three committee members must be physically present for the comprehensive exam and defense. No more than one person may be present via telephone. Telephone or video conference arrangements must be approved by the Dean of the Graduate School. The Staff Assistant at your campus has a form letter for this special request.
- Need approval of 2/3 of the committee members for passing comprehensive exam and defense dissertation.
Communications Competency
The purpose of this requirement is for students to practice and refine their skills in listening to, orally presenting, and writing of technical communications. To meet this requirement, the student should participate in activities such as: making oral or poster presentations at scientific conferences, department seminars, and the joint Physiology Faculty Meeting/retreat; participating in journal clubs; conducting formal and informal teaching; and contribute to the writing of scientific manuscripts and research proposals. The student should maintain a continuous record including dates, locations and titles and abstracts that describe the individual activities. Before scheduling the thesis defense, the student's advisor will forward to the Chair of the Physiology Program the student's self-report of communications activities with a memo of approval signed by the advisor.

Analytical Competency
The intent of this requirement is for students to learn quantitative techniques for designing experiments and for analyzing data. At a time shortly after the candidacy exam has been successfully passed, the student and advisor in consultation with the student's Doctoral Committee will submit a plan for attaining analytical competency to the Chair of the Physiology Program. Typically, this plan will include formal coursework in statistics or bioinformatics, but a plan can also be based on individualized approaches.

Thesis Proposal and Six Month Reviews
It is the responsibility of the student to outline to the Doctoral Committee the means by which the thesis requirement is to be satisfied. The thesis should examine a hypothesis or test several theories with a unifying theme. The aims of your research will be developed with the guidance of your advisor. The student providing the background to the problem, the specific aims of the proposed research, and a brief description of available preliminary data will then write a thesis proposal. The student should present this proposal orally at the first meeting of the Committee. The proposal serves as an amendable agreement between the student and the Committee and gives a clear goal for finishing the thesis. As the student and his/her advisor cannot predict the future with certainty, this document should be considered as a starting point only. The thesis research or new findings in the field may lead down unexpected paths. The student should amend the thesis proposal as necessary and always seek the approval of the Committee for such diversions.

The student is required to meet formally with the Doctoral Committee to review the research progress, problems, and obstacles at least once per year starting during the second year. Scheduling the meetings is the responsibility of the student, as is informing the Huck Program Office of the exact date and time of the meetings. A progress form (see page 14) must be filled out and signed by all committee members as documentation of successful progress in the program. Failure to meet formally with the Doctoral Committee as noted will be interpreted as insufficient progress toward degree with associated consequences.

Comprehensive Examination
The purpose of the Physiology Program Comprehensive Exam is to examine students for their preparedness to proceed to the dedicated research phase of their doctoral degree training process. The ability of the student to identify important areas of research, synthesize a hypothesis from contemporary literature, and develop a practical experimental plan are all key elements in this examination. Essentially, the exam addresses the ability of the student to progress from theoretical answers provided in response to course exam questions and advance to identifying important questions on their own and developing a realistic plan to answer these questions. As such, this exam represents an important opportunity for the thesis committee to identify those students capable of obtaining a doctoral degree and separating them from those students that are not prepared to proceed with their doctoral research. Paperwork for the Comprehensive Examination must be completed and submitted to the Physiology staff assistant at least three weeks prior to the proposed test date.
Students in the Intercollege Graduate Degree Program in Physiology are required to have yearly meetings with their thesis advisory committee. Students are asked to give their perception of the meeting.

____________________________, had a committee meeting on ________________.

Student Name                                      Date

____________________________
Signature

Satisfactory Progress Yes or No

____________________________  ______________________
Thesis Advisor                     Signature

____________________________  ______________________
Committee Member                   Signature

____________________________  ______________________
Committee Member                   Signature

____________________________  ______________________
Committee Member                   Signature

____________________________  ______________________
Committee Member                   Signature

Committee Disposition:  _________ Sufficient Progress _________ Insufficient Progress

Committee’s Perception of Candidate Progress (please provide a specific plan for remediation if needed and associated consequences if sufficient progress is not made; continue on back if necessary):
Written Comprehensive Exam

**Written Comprehensive Exam Format:** The format of the comprehensive exam will be determined by the student's primary advisory and the doctoral committee. For example, the comprehensive exam may be the development of an experimental plan (grant proposal) that could be reasonably expected to refute or provide substantive support for the proposed hypothesis. **Alternatively,** the format for the comprehensive exam may consist of a series of in depth questions related to the candidate's primary area of interest and based on classic and current literature. The questions will be written by the doctoral committee members, and the written exam will be administered over a two day period, with the student writing for 6 to 8 hours per day. The written exam will be followed approximately 1 week later by an oral exam by the doctoral dissertation committee.

Suggested format for the grant proposal exam is a 1 page specific aims, 2 page background, 2 page preliminary evidence, which should include the most relevant data derived from the literature that directly supports the hypothesis, and 5 pages for the experimental plan. The experimental plan should provide enough detail regarding methods to demonstrate to the committee that the student understands the principles of the experimental techniques. Specific details of techniques should be avoided in the comprehensive written application; however, the student should be prepared to answer detailed questions regarding the principles of any technique proposed in the exam, including statistical analysis. The proposal should no more than 10 pages, single-spaced (or exactly 12 point spacing) in 12-point Arial font. Margins will be no smaller than 0.8 inches. Figures that support or help clarify the proposal may be provided in an appendix and are not counted in the 10-page exam limit. Further, the document will be referenced and the references are also not counted in the 10-page limit.

**Topic:** The exam will be the development of an experimental plan for a testable hypothesis i.e. a NIH-style grant application. However, a common error is to propose more than can be defended in the time and space provided. Therefore, the student may wish to model their exam on a specific aim from a NIH RO1 application rather than a full application. The exam topic may be directly related to the thesis research for the student. Indeed, meritorious applications that are related to the thesis research should be considered for submission as a predoctoral grant application. The student may also choose a topic separate from his/her thesis research if agreed upon by both the advisor and the student.

All students will provide a letter of intent for the comprehensive topic to the Doctoral Committee for comments and approval. The letter of intent will be no longer than one page and provide a background and rationale, a clear hypothesis, and the specific aims for the proposal.

**Oral Comprehensive Exam**
The student should prepare a 40 min oral presentation if writing a proposal including background and rationale, supportive data and figures to clarify the proposal and the experimental plan. The student can expect to be questioned during and after the presentation. For the class/current literature oral exam, the student can expect 1 to 2 hours of questioning by the doctoral dissertation committee.
Timeline
According to Penn State policy the student must complete the comprehensive exam within (6) semesters of the candidacy exam. Therefore, if the student completes the candidacy exam at the end of the spring semester of their first year, the student is encouraged to use the spring or summer semester of their third year for the comprehensive exam and finish the comprehensive exam by end of the following fall semester. After acceptance of the letter of intent the student will have up to 8 weeks to prepare for the comprehensive exam. The student must submit the written exam to all committee members 1 week before the exam date or 7 weeks from acceptance of the letter of intent.

Grading
The student may receive a pass or fail for the comprehensive exam. If the student receives a pass the student will be graded as either below average, average, above average or exceptional. If the student fails, the Doctoral Committee may decide to allow the student a second opportunity to take the exam or may decide the student must leave the Physiology Graduate Program in accordance with Penn State policy. The student will only be given 2 opportunities to pass the exam.

Final Oral Examination / The Defense
A final oral examination will be given in defense of the thesis. A meeting of all Doctoral Committee members must be held within six months of the defense at which time it will be determined if the student has completed all requirements and may proceed. The final examination must be held at least three months after passing the comprehensive and at least seven weeks before the commencement in which the student wishes to participate. Details of this requirement are given in the Graduate Handbook (http://www.psu.edu/bulletins/whitebook/).

The Physiology Graduate Program Chair must request the Dean of the Graduate School to schedule the examination and give at least six weeks’ notice. No examination will be scheduled until a complete "final draft" of the thesis has been received by all committee members and by the Physiology Program Chair. It is required that the final draft be thoroughly reviewed by the student’s advisor prior to distribution to the committee members and that all copies must be given to committee members no less than 14 days before the scheduled defense. If more than five years have elapsed between passing of the comprehensive examination and the final oral examination, it is required that a second comprehensive exam is passed before the final oral is scheduled.

The final oral examination is open to the public and, although largely related to the thesis, may cover the whole of the candidate's program, without regard to courses taken here or elsewhere. A favorable vote of at least two-thirds of the committee is required for passing. If failure is determined, the committee is responsible to decide whether a second examination may be taken. Thesis defense paperwork must be completed and submitted to the Physiology staff assistant at least three weeks prior to the proposed test date.

Expectation: It is expected that each student will have a minimum of three first-authored manuscript s (based on his/her research) that have been either accepted and/or published in a peer reviewed journal.

Additional Requirements for the Ph.D.
Residence. There is no minimum number of credits or semesters of study required for the Ph.D., but during a 12-month interval between admission to candidacy and completion of the program, the candidate must spend at least two semesters registered as a full-time student. This will usually be achieved over the course of the "normal" second year of study in the Physiology Program. "Full time" is defined as registration for at least 9 credits for those supported by a fellowship or traineeship. During the second year, these credit requirements may be met only in part by course work. The balance of the required credit load should be taken as Physiology 600, Thesis Research (on campus). The number of PHSIO 600 credits should accurately reflect the effort of the students in thesis research. Work under Physiology 600 can be given the deferred grade of "R", but only 12 credits of "R" can be converted to a conventional grade in a given Ph.D. program.
Continuous Registration. After the two-semester residency requirement (above) is met, status as a student must be maintained by continuous registration until the thesis is accepted. The details of this requirement are given at [http://bulletins.psu.edu/graduate/degerequirements/degreeReq2](http://bulletins.psu.edu/graduate/degerequirements/degreeReq2). During this interval, the full-time student should register for Physiology 601, Thesis Preparation, which involves no credits and is graded "R" (research). Physiology 601 cannot be used until the semester after the comprehensive exam is passed. "R" grades from Physiology 601 cannot be converted to conventional grades.

It is important that students use the Physiology 601 registration after the comprehensive requirement is filled, as it involves a substantial reduction in tuition. If courses are taken during this interval (maximum of 3 credits per semester), a reduced tuition fee must be paid. Normally, students should complete their course work and comprehensive exam as soon as possible; efforts should be devoted entirely to thesis research and writing after this time.

Thesis. The Ph.D. thesis must be prepared in accordance with strict and specified guidelines, as detailed in the [Thesis Guide](http://css.its.psu.edu/theses/). Students are advised to work closely with that office and the Guide in preparation of their dissertation. A formal final copy of the thesis is not required for the defense. This allows the student to make revisions suggested or required by the Doctoral Committee without undue expense.

Examination Schedule
The above schedule outlines the time course over which the various examinations required in the Physiology Program must be completed. The timetable is based on the academic year, September to August. The faculty, Doctoral Committee and student will participate in the scheduling of these examinations. Beyond the candidacy examination, however, it is the ultimate responsibility of each student to be certain that progression of the program and completion of the appropriate examinations are accomplished in a timely fashion. Examinations should be scheduled as outlined in these guidelines, based on the assumption that the entire Graduate Program will require four years of effort.

The Chair of the Doctoral Committee, the Chair of the Graduate Program and the Program Coordinator will aid the student in scheduling and arranging the required examinations. Permission to postpone any of the examinations beyond the interval indicated must be obtained in advance by the individual student by arrangement with the Chair of the Doctoral Committee and the Program Chair.

Important Notice: After completing or prior to scheduling any of the above requirements it is essential that you contact the Staff Assistant at your campus. Most of these steps in your progress require formal notification and/or scheduling through the Graduate Office. Please inform the office of your progress and intentions at least three weeks in advance.
During the first year, students will identify a faculty advisor with whom a project will be done. The first year is structured much like the Ph.D. program, with similar course requirements, depending on individual background and future goals. The second year can be modified to accommodate the goals of the student. All masters students must have a minimum of 30 credits at the 400 – 600 levels, a “B” earned in all Physiology course taken, and a 3.0 overall GPA. A final thesis defense is not required by the Graduate School but strongly encouraged. A public oral presentation of the final research project is required by the program.

The masters thesis option requires a minimum of the following:

- 1 credit of Colloquium (PHSIO 590)
- 1 credit of Ethics (IBIOS 591 or equivalent)
- 14 credits in the major at the 400 – 500 levels (which must include PHSIO 571/572/590)
- 18 credits at the 500 – 600 levels (excluding PHSIO 600 and must include a STAT course)
- 6 credits PHSIO 600 (6 credits is the limit that can receive a A-F grade)
- SARI training

Upon consultation with the faculty advisor, the student selects a thesis committee comprised of three approval graduate faculty members, writes a thesis based on original research, defends his/her work, and provides a public seminar on his/her work.

A non-thesis masters option is only by approval of the Program Chair and under extreme circumstances such as medical illness. The following is the minimum required:

- 1 credit of Ethics (IBIOS 591 or equivalent)
- 18 credits in the major at the 500 level
- 6 credits of PHSIO 596

Students must have either a first authored manuscript (based on his/her research) that has been either accepted and/or published in a peer reviewed journal or a thorough but focused review of the literature in a contemporary area of literature in physiology leading to a written paper. Either item is to be approved by the student’s faculty advisor, given to the Physiology Program Chair for evaluation and final approval.

Please note - PHSIO 596 (Independent Study/Rotations), IBIOS 595 (Internship), and BIOL593 (Teaching) credits all count toward the 30 credits. If all course credits and requirements are met, students do not have to be registered for classes while writing and/or defending his/her work.

Additional requirements for each option are contained in this booklet. Students must present their thesis in accordance with the Penn State University guidelines as described in the THESIS GUIDE Requirements for the Preparation of Master's and Doctoral Theses [http://www.gradschool.psu.edu/current-students/etd/thesisdissertationguidepdf/](http://www.gradschool.psu.edu/current-students/etd/thesisdissertationguidepdf/)
Physiology Graduate Program
IUG Requirements and/or Honors Options

The Integrated Undergraduate/Graduate (IUG) program in the Schreyer Honors College (SHC) is designed exclusively for Schreyer Scholars who have exceptional academic records; whose progress in the major is so advanced that they would be taking graduate courses in later semesters even without IUG status; whose general education progress and plans indicate a readiness to forge ahead with specialization; and who are ready for the particular challenge of graduate work, research and advancing knowledge. Schreyer Scholars who believe they fit this profile are encouraged to apply to be IUG Scholars. Schreyer Honors Scholars can also complete honors research in Physiology, so long as the research is completed under the direction of a Physiology IGDP faculty member.

Application: The application process for IUG must begin during the 4th, 5th or 6th semester of study. (Students who are not in the Schreyer Honors College can not apply for graduate studies through this IUG program. Instead, those students should contact the Associate Dean in the College of their major or desired graduate program to determine if there is an IUG program in effect in the college.) Use the following link to learn more about the IUG Program and IUG Guidelines.

http://www.shc.psu.edu/students/iug/program/

Required courses include: PHSIO 571, PHSIO 572, PHSIO 590, STAT 500.

Questions regarding the Physiology IUG:

Donna H. Korzick, Ph.D.
Chair, Intercollege Program in Physiology
106 Noll Laboratory
814-865-5679
dhk102@psu.edu

Questions regarding Honors in Physiology should be directed to:

James A. Pawelczyk, Ph.D.
Honors, Advisor
107 Noll Laboratory
jap18@psu.edu
Physiology Graduate Program
Minor Requirements

The minor in Physiology augments the training of doctoral students with a coordinated group of courses that provide an integrated perspective of physiology from the molecular to the organismal level. Graduate School regulations dictate that "a minor consists of no fewer than 15 credits of integrated or articulated work in one field related to, but different from, that of the major." It is expected that most students pursuing the minor will be graduate degree candidates in basic biological sciences, health sciences, or bioengineering.

This minor requires the following coursework:

- **BIOL 472.** If the student took a one-semester, upper-level undergraduate mammalian physiology course as an undergraduate, then this requirement may be waived with approval by the Chair of the Physiology Graduate Program.

- **PHSIO 571/572 (UP) PSIO 504 and PSIO 505 (HY).** If these courses are required for the major, then substitute an equal number of credits in 500-level Physiology elective courses.

- A 3-credit, 500-level Physiology elective course.

Additional credits from 500-level Physiology courses or a relevant 400- or 500-level course so that the total course credits for the minor is 15. These 15 credits cannot include course work that is used to fulfill requirements in the student’s major. Elective courses for the minor must be approved by the Chair of the Physiology Graduate Program.

Students must earn a grade of C or better in each course in the minor and maintain an overall average of 3.00 in the minor. One member of the student’s major doctoral committee must be a faculty member in the Intercollege Graduate Degree Program in Physiology. Per the Graduate School, this minor must have the approval of the departments or committees responsible for both the major program and the Physiology Graduate Program Chair.
**Responsible Conduct of Research Training Requirement**

University Park Students:

All new students in the Physiology program will be required to complete the online CITI (Collaborative Institutional Training Initiative) Biomedical Science Responsible Conduct of Research (RCR) training course during their first semester. This online course will supplement in-class, discussion-based RCR training provided in IBIOS 591, Ethics in the Life Sciences, a 1-credit required course taken during the second year.

First year students should register at the CITI website (http://www.citiprogram.org/) (select Pennsylvania State University as the participating institution) and begin the online Biomedical Science RCR course as soon as possible in the Fall semester. Students must work on their own to complete the modules and pass the on-line quizzes. All modules must be completed before the end of the first Fall semester; and a copy of the student’s Completion Report must be submitted to the Program administrative office by January 15th of the second semester.

Hershey College of Medicine Students:

- Completion of the appropriate training module provided by (CITI) *during the students first year*
- At least 5 hours of discipline-specific, discussion based ethics training *before graduation*
- Completion of the CITI module *Responsible Conduct of Research*
- Pass the course IBIOS 591 – *Ethics in the Life Sciences*
Topics Students and Thesis Advisors Should be Prepared to Discuss Before a Student is Accepted to a Laboratory

The Graduate Faculty of the Penn State College of Medicine recognize the unique aspects of the relationship between students engaged in research as part of their graduate degree program, and their thesis advisor. In the best examples of this mutually beneficial relationship, both the faculty member and the student stand to gain much. The student learns both discipline-specific knowledge, and, more importantly, the skills to employ that knowledge in whatever pursuit the student eventually undertakes. With time, the faculty member gains a colleague who participates in not just in the technical aspects of the faculty member’s research, but also contributes to the intellectual development of the research project.

To ensure that students know what is expected of them as they embark on this new and unique phase of their education, we provide this guiding document. This document is to be used to frame discussions between a new graduate student and a faculty member the student is considering for a thesis advisor. Certainly other related topics can and should be part of this important conversation. Faculty have unique perspectives and opinions about many of these topics, and thus it is important for a student to be sure he/she understands what the expectations will be upon joining the laboratory.

EXPECTATIONS OF GRADUATE STUDENTS WITHIN A LABORATORY

PROFESSIONALISM
   Honesty
   Communication
   Behavior
WORK ETHIC
   Attitude
   Time in Lab
   Time outside Lab
LABORATORY MANNERS

SELF MOTIVATION

EXPECTATIONS OF THESIS ADVISORS

PROFESSIONALISM
WORK ENVIRONMENT
ACCESS (TO MENTOR)
EXPECTATIONS
GUIDANCE

1 This document was unanimously approved by the Penn State Graduate Program Directors on May 05, 2006.
Appendix I

List of Required Physiology Courses

**PHSIO 571 (UP)/PSIO 504 (HMC).** CELLULAR AND INTEGRATIVE PHYSIOLOGY I (3, Spring) Mammalian cardiovascular, respiratory, renal, and gastrointestinal systems. Prerequisite: BIOL 472

**PHSIO 572 (UP)/PSIO 505 (HMC).** CELLULAR AND INTEGRATIVE PHYSIOLOGY II (3, Fall) Mammalian nervous, endocrine, metabolic, and reproductive systems. Prerequisite: BIOL 472

**BMS 501 (HMC).** REGULATION OF CELLULAR & SYSTEMIC ENERGY METABOLISM (3, Fall) Teaches biochemical and signaling transduction concepts while exploring the control of bioenergetic processes.

**BMS 502 (HMC).** CELL AND SYSTEMS BIOLOGY (3, Fall) Explores the cellular and intracellular organization of biology, assembly of cells into tissues, and further integration into biological systems.  
-OR-  
**BMS 503 (HMC).** FLOW OF CELLULAR INFORMATION (3, Fall) Teaches concepts underlying the inheritance, transmission and translation of genetic information.

**PHSIO 590 (UP)/PSIO 590 (HMC).** COLLOQUIUM (1 – 3, Fall and Spring) Continuing seminars which consist of a series of individual lectures by faculty, students or outside speakers.

**PHSIO 508 (UP).** Critical Readings in Molecular Nutrition (1.5) Understanding of approaches, methods and current concepts in molecular biology and nutrition through critical readings of current primary literature.

**PHSIO 596 (UP).** INDEPENDENT STUDIES / LABORATORY ROTATIONS (1-9 per semester) For students exploring either potential Ph.D. projects and faculty advisors or creative projects, including non-thesis research, which are supervised on an individual basis and which fall outside the scope of formal courses. Students receive a R (satisfactory/passing) or F (unsatisfactory/failing). Only R credits are counted for credit totals.

**PHSIO 600 (UP)/PSIO 600 (HMC).** THESIS RESEARCH (1-9 per semester) For students who have been matched with a faculty advisor AND have not taken/passed the comprehensive exams. Students may receive A-F grades or R/F grades at any time. By the time a student passes his/her comprehensive exam, up to 12 credits worth of PHSIO 600 are permitted to have the A-F quality grade. In the semester in which you reach 12 credits, you may need to register twice for this course (i.e. one section for any remaining A-F credits, another section for the R grade credits).

**PHSIO 601 (UP)/PSIO 601 (HMC).** THESIS PREPARATION (0 per semester) Each semester until graduation for those students who passed the comprehensive exam. This course appears on the transcript but does not have any grade or credit associated with it.

**IBIOS 591 (UP & HMC).** ETHICS IN THE LIFE SCIENCES (1, Fall and Spring) Students exam integrity and misconduct in life sciences research, including issues of data collection, publication, authorship, and peer review. Students receive A-F quality grades.
NUTRN 501 (UP).  Regulation of Nutrient Metabolism I (4) Integration of nutritional, biomedical, biochemical, physiological, and hormonal processes involved in carbohydrate, lipid, and protein metabolism.

KINES 590B (UP).  Exercise Physiology Colloquium (1 per semester/maximum of 4) Continuing colloquia in exercise physiology which consists of individual lectures by outside speakers, students and faculty.

PSIO 501 (HMC).  Scientific Analysis and Presentation (1) Journal club format used to develop critical analytical and presentation skills for understanding and clearly presenting current scientific data.

VB SC 432/BMB 432/MICRB 432 (UP).  Advanced Immunology: Signaling in the Immune System (3) The study of signaling pathways that regulate the immune response.
Appendix II

Suggested Time Line

First Year
  Required course work (fall and spring semesters)
  SARI Training
  Laboratory rotations (fall, spring semesters and possibly summer semester)
  May: Candidacy examination (for doctoral students prior to summer registration deadline)

Second Year
  Selection of thesis advisor and research topic (1st yr. summer or 2nd yr. fall)
  Communications requirement (fall semester)
  Elective courses
  Appointment of doctoral committee; first meeting to review thesis proposal (fall)
  Thesis research (PHSIO 600 throughout year; do not use PHSIO 601)
  Get approval of advisor and doctoral committee to have thesis proposal serve as comprehensive exam or
  select two or three comprehensive exam topics for your committee to review (early spring)
  Begin Comprehensive examination preparation (late spring - summer semester)
  Fill residency requirement of 2 semesters after candidacy (use PHSIO 601 each semester after passing
  the comprehensive exam)
  Masters Thesis or Non-Thesis Completion

Third Year
  November or December - first six-month committee review
  May or June -second six month committee review
  Comprehensive examination (late spring - summer semester)
  Helpful hint: Prepare your figures, legends and tables for your thesis in a final form as you progress.
  Review thesis preparation guidelines this year

Fourth and subsequent years
  November or December - six-month committee review
  May or June -six month committee review
  Preparation and defense of dissertation
  Students are required to complete the Ph.D. program within eight years from successful completion of
  the candidacy exam.
Appendix III

The Huck Institutes of the Life Sciences
Physiology - Masters of Science (MS)

Graduation Checksheet

Student Name____________________________________________________
(last)                            (first)

PSU Student #_________________________

___Are there at least 30 credits?

___Does the student have at least a 3.0 GPA?

___Are there 18 credits at the 500 & 600 level?

___Are there 14 credits in courses in the major? (DO NOT count 600/610)

___If there is a minor, are there at least six credits in the minor program of ______

___Are there any missing or deferred grades?

___Have requirements been completed within 8 years of admission?

    If extension granted, through what semester/year?____________

___Thesis Option
    _____Are there six thesis credits (600/610)?
    _____Are there no more than six thesis credits with a letter grade?
    _____Has student submitted hard copy of thesis? (unbound okay)
    _____1 credit PHSIO 590

___Non-Thesis Option (only by permission of Physiology Program Chair)
    _____Has the student submitted an accepted 1st author manuscript or literature review?
    _____Are there at least 18 credits in the major at the 500 level?
    _____Are there 6 credits of PHSIO 596?

Initials ______

Date ______________

Huck Institutes Internal Use
Appendix IV

Huck Institutes of The Life Sciences Graduate Program
Physiology Masters Thesis Defense Report

Candidate’s Name: _______________________________________________________

Graduate Program: _______________________________________________________

Thesis Exam Date: __________________________ Location: ______________

This is to certify that __________________________________________ appeared before the
undersigned committee on ___________________________ and was given a Final Oral
Examination for the Master of Science degree, the results being indicated below.

Master’s Thesis Exam Committee Members:
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________

Exam Outcome: It is agreed that the candidate:
Passed ______ unanimous decision
________ divided decision
Failed The committee recommends that another examination:
________ be given
________ not be given

Evaluation of the Candidate’s general scholarly attainment on the examination by each member of the
committee (check one and sign your name in the space provided):

Superior ☐ Above Average ☐ Average ☐ Below Average ☐ Fail ☐ _________________
Superior ☐ Above Average ☐ Average ☐ Below Average ☐ Fail ☐ _________________
Superior ☐ Above Average ☐ Average ☐ Below Average ☐ Fail ☐ _________________
Superior ☐ Above Average ☐ Average ☐ Below Average ☐ Fail ☐ _________________

Comments (required if student failed the exam):
___________________________________________________________________________
___________________________________________________________________________

Dissenting members who prefer to do so are invited to present their comments to the
Program Chair(s) by letter or in person.

___________________________________________________________________________
Signature of Committee Chair Date
Appendix V  GRADUATE STUDENT RESOURCE GUIDE

International Student Services provides answers to questions and needs that are unique to international students. The office is located at 410 Boucke Building. [http://global.psu.edu/]

Graduate Student Association (GSA) is the representative body for all graduate students. The GSA addresses issues of concern to graduate students and elects members to sit on shared-governance bodies of the University. The GSA also organizes social events for graduate students. [http://www.clubs.psu.edu/up/gsa/]

The Office of Student Aid is a good place to begin the search for financial assistance. [http://www.psu.edu/studentaid/]

The Office for Disability Services provides information and assistance to students with disabilities. [http://www.equity.psu.edu/ods/]

The Writing Center is sponsored by the Graduate School and provides assistance to graduate students who wish to enhance their writing skills. Graduate students are invited to schedule appointments for one-on-one discussions of their writing projects. [http://pwr.la.psu.edu/resources/graduate-writing-center]

Penn State Escort Service is operated under the auspices of Police Services and will provide an escort for students walking on campus after dark. The escort service may be reached at 5-WALK (865-9255). [http://www.psu.edu/dept/police/escortservice.html]

Off-Campus Housing opportunities are listed in 213 HUB-Robeson Center, 865-2346. [http://www.sa.psu.edu/ocl/]

The Code of Conduct is available at [http://www.sa.psu.edu/ja/conduct.shtml]

The Affirmative Action Office is committed to ensuring the University maintains an environment free of harassment and discrimination. [http://www.psu.edu/dept/aaoffice/]

HUB-Robeson Center is the site for multiple student services including restaurants, a copy center, a bank (Penn State Federal Credit Union), STA Travel, a convenience store, the Penn State Bookstore, the Center for Arts and Crafts, Art Galleries, and the main information desk for the University. [http://www.sa.psu.edu/usa/hub/]

Counseling and Psychological Services (CAPS) can help students resolve personal concerns that may interfere with their academic progress, social development, and satisfaction at Penn State. Some of the more common concerns include difficulty with friends, roommates, or family members; depression and anxiety; sexual identity; lack of motivation or difficulty relaxing, concentrating or studying; eating disorders; sexual assault and sexual abuse recovery; and uncertainties about personal values and beliefs. [http://www.sa.psu.edu/caps/]

Career Services, located in the MBNA Career Services Building, is fully equipped to assist graduate students in the preparation of resumes and curriculum vitae and in developing effective interviewing skills. Career Services hosts a career fair that is open to graduate as well as undergraduate students. [http://www.sa.psu.edu/career/]

Research Protections is the office that oversees all research on human participants, animals, radioisotopes and biohazardous materials. You must have permission from this office prior to conducting research involving any of these subjects. Permission cannot be obtained after the work has begun. [http://www.research.psu.edu/orp/]

Pasquerilla Spiritual Center is home to more than fifty spiritual organizations. The center is non-denominational and provides students with opportunities to explore ethical and spiritual issues. [http://www.sa.psu.edu/insights/jan04/spiritual.shtml]
Problem resolution
Graduate students occasionally have difficulties with their advisors, their programs or an academic matter associated with their programs. The first step in problem resolution is always to talk with your advisor and then with the program chair or department head and then the associate dean of your college. If satisfactory resolution remains elusive, the associate dean of the Graduate School is available to provide guidance and maintain neutrality. Issues discussed during meetings with the assistant dean will remain confidential if requested by the student. Appointments may be made by calling 865-2516.

Academic Integrity
The University does not tolerate violations of academic integrity, which include but are not limited to: plagiarism, cheating, falsification of information, misrepresentation or deception. The complete policy is available at: http://www.psu.edu/dept/ufs/policies/47-00.html#49-20

Plagiarism
Plagiarism is often a confusing concept. At Penn State, plagiarism means taking someone’s words and presenting them as your own. Cutting and pasting from a web site is considered plagiarism. Copying verbatim from any source without using quotation marks and the full reference is plagiarism. Plagiarism is a serious violation of academic integrity regardless of whether it is a homework exercise, an exam, a thesis, or a manuscript for publication.

University policies may be viewed on line. Important policies include:
Sexual Harassment (AD41)
Professional Ethics (AD47)
Parking Rules (BS04)
Intellectual Property (RA11)
http://www.guru.psu.edu/policies/

Graduate Student Policies are available on line
These include:
Grade mediation (G-10)
Resolution of problems (Appendix II)
Termination of program (Appendix III)
Termination of assistantship (Appendix IV)
Residency requirements (Appendix V)
http://www.gradsch.psu.edu/policies/student.html
Appendix VI

Key Personnel Contacts

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